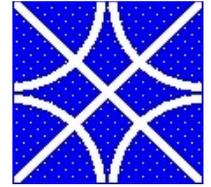


# The Postage Stamp



Country Roads Quilt Guild

<http://countryroadsquiltguild.org/>

March 2012

## Christine's Mini Notes

A Special "Thanks to Terri for the postcard lesson."

Officers have now switched to Secretary: Wendy A, Vice President: Sue H, and Tracy E. will remain as Treasurer.

Thank You ladies for volunteering your time.

Christine S. will remain President.

Hope everyone is well and getting some projects done.

We have a lot of activities in the planning and Sue is already on the move for new and exciting events.

June is Shop Hop and the brochures are available for pick up at the participating Quilt Shops.

March 3-10 is Anniversary Sale at Sew Inn.

Spring is just around the corner so start hopping!!!

Hope to see you at the March 8th meeting.

Blessings to All,

*Christine*

## What's Happening

Terry has recently been spending more time designing websites than quilts. She created the new Sew Inn website ([thesewinn.com](http://thesewinn.com)). Check it out for pictures and descriptions of upcoming classes and a new calendar with those dates as well as sales and special events. (Three of the classes will be taught by Terry, and Nancy S is also teaching classes this spring.)

Terry also worked on the Festival page for the WV Quilters Festival in Summersville on June 21-23. It's shaping up to be a wonderful event. They are offering six classes and Terry is taking two of them (Redwork Portraits from Photographs by Judy Gunter and Crazy about Curves by Vikki Pignatelli). Check their website for info on the other classes and events ([wvquilters.org/2012Festival.html](http://wvquilters.org/2012Festival.html)). Think about joining the state guild if you haven't already. It's a wonderful way to meet quilters from around the state, and being a member makes you eligible to enter quilts into the Festival's show and attend their fall retreat.

Terry will again attend workshops at Cedar Lakes taught by Mary Lou Weidman, and a private workshop near the Hamptons on Long Island, NY. It's going to be a busy few months! (Continued on Pg. 4)

Next meeting: March 8

Location: Harner Chapel

Time: 6:30 p.m.

Featuring: **Movie Night**

Hostesses: CRQG Officers

Monthly Mini: Michelle D

*Hope to see you all there!*



### Inside this issue:

What's Happening	1, 4
Minutes	2, 6
Treasurer's Report	3
Birthdays	3
Quilters' Yard Sale	5
Membership / Dues	6
Upcoming Events	6

## February 9 Minutes by Michelle

The meeting was called to order and the minutes and treasurer reports were approved.

### Committee Reports

**Officer Slate for 2012-2013** – the slate was presented and members voted the following ladies to serve this coming year: President: Christine S, Vice President Sue H, Secretary Wendy A, Treasurer Tracy E. Thank you so much for volunteering your time and talents.

### New Business

**UFO4Beads Project**- As an incentive for finishing those UFO projects, you may choose a bead for every project finished. Here are the following rules:

- ◆ Choose UFOs you'd like to complete (anything started before Jan 2012 can be considered a UFO for this project)
- ◆ Make 3X5 index card for each UFO, identifying a date of when it was started and what is left for it to be completed.
- ◆ As you complete a UFO (with intact label on the back), bring it in as a show and tell and you are allowed to pick a bead from a collection.
- ◆ If you have a UFO on your list that you know you will not complete, label it and bring it in. If someone else volunteers to take it and complete it for you, you will still get to claim a bead.
- ◆ Also on your birthday, you are entitled to a free bead.

**Brenda Casto** – Unfortunately she has contacted the guild and will not be able to come and present her workshop for the guild. Don't Fret! The guild is looking into perhaps finding another presenter the guild may be interested in. We will keep you updated!

**Pat Knoeche** – Mark your calendars for Wednesday May 23<sup>rd</sup>. The church has already been reserved for our visit once again from Pat. Times/refreshments needed will be disclosed at a later date.

**Pillowcases for a cause** – Many quilters around the world are making pillowcases to donate to charities with the hope that they will brighten someone's day. A couple of organizations mentioned this evening was the [www.conkerrcancer.org](http://www.conkerrcancer.org) (a mother's son was dx with cancer and she began making pillowcases while he was in the hospital and her idea grew and grew....) Anyone wishing to make a pillowcase for this organization may drop them off at the Sew Inn.

Another mentioned was **A Million Pillowcase Challenge** by The American Patchwork Quilting magazine has set a goal to make and distribute a million pillowcases to local charities. <http://www.allpeoplequilt.com/millionpillowcases/index.html>.

Members are still encouraged to make **Project Linus** quilts as well. Please contact Hope C if you are interested as she had brought in some kits this month. Linus quilts may be dropped off at the Needle Craft Barn in Morgantown after completion. She also has some fabric to donate to make pillowcases as well. We will take a vote at the next meeting to see the interest of the guild in making these for our community. (*Minutes continued on Pg. 6*)

## Pillow Cases

While we are always encouraged to participate in the Linus Project, many of us struggle to find the time and would like another option: Are you short on time but would like to do your part for local charities? Are you interested in putting your sewing skills to work to make pillowcases? If so, the guild may be looking at having a workshop to make pillowcases for local charities such as ConKerr Cancer, Bartlett House, RDVIC, or another worthy charity as part of the million pillowcase challenge. Please come to the next meeting ready to discuss if you are interested.

### ConKerr Cancer – A case for smiles

<http://conkerrcancer.org/home/>

Giving sick kids a reason to smile!

Drop in locations:

- ◆ WVU Children's Hospital
- ◆ The Sew Inn Ltd., Morgantown
- ◆ Quilters Corner, Finleyville, Pa.



### 1 Million Pillowcase Challenge

To-date, the challenge has logged in 397,894 cases!

You could be a part of that effort!

Drop site: Sew Chic—Fairmont, WV

[www.allpeoplequilt.com/millionpillowcases/index.html](http://www.allpeoplequilt.com/millionpillowcases/index.html)

## Treasurer's Report by Tracy

**BEGINNING BALANCE..... \$2,119.31**

Income:

Mini	18.00	
January Interest	<u>.09</u>	18.09

Expenses:

Terry C—project and Internet	<u>67.54</u>	
Total		67.54

**NEW BALANCE..... \$2,069.86**

## Because You Care



Are you one of those quilters who says "I could never complete a full-sized quilt"?!

Guess what?! You don't have to!

Consider making a 9x12" mini quilt and donating it to the Ami Simms' Alzheimer's Art Quilt Initiative!

Check their web site for "Alzheimer's Illustrated: From Heartbreak to Hope." It continues its five-year journey across the United States. Go to the website and view the slide shows. And, we're about due for a new photo shoot. Won't you join us?!

*Caption on this photo reads:*

"The [Country Roads Quilt Guild](#) in Morgantown, WV have made more than 20 Priority: Alzheimer's Quilts since 2006 as part of their community project. The 65-member guild was founded in 1983. Morgantown is a small, but growing, city and is home to West Virginia University. Some of our members have been touched by Alzheimer's and their dedications are touching."

Read more: [www.alzquilts.org/](http://www.alzquilts.org/)

[www.alzquilts.org/#ixzz1nlpnSpqm](http://www.alzquilts.org/#ixzz1nlpnSpqm)

[www.alzquilts.org/coroqumwv.html#ixzz1nls9eaQD](http://www.alzquilts.org/coroqumwv.html#ixzz1nls9eaQD)

## Sharing Among Friends



The blog host for Machine Quilting Unlimited (one of Terry's favorite magazines) posted on Facebook that she was looking for pictures of quilts appropriate for a Valentine's Day post. Terry submitted pictures of the quilt she made in memory of her mother, and it was featured on their blog:

<http://mqumag.com/2012/02/valentines-day-quilts/>

*The "lead" for this great clip was provided by a friend. Just a reminder to you all if you have quilting news that will interest all, please let the newsletter committee know! We want to share, but someone needs to provide us with the information.*



### March

- 1 Judy C
- 6 Monica M
- 19 Mary J

### April

- 6 Carolyn R
- 7 Nancy S
- 12 Lillian B
- 14 Christine S
- 18 Rhonda B
- 28 Linda R

## Quilting a Mosaic

If you missed the opportunity of hearing about Terry's mosaic butterfly (and her "Fast Finish Triangle"), the complete, step-by-step instructions are still on line so that you can make your own. ([http://](http://aagiup-date.wordpress.com/2011/05/06/mosaic-butterfly/)

[aagiup-](http://aagiup-date.wordpress.com/2011/05/06/mosaic-butterfly/)

[date.wordpress.com/2011/05/06/mosaic-butterfly/](http://aagiup-date.wordpress.com/2011/05/06/mosaic-butterfly/)

Terry's mosaic was auctioned off in May 2011 to support the Alzheimer's Quilt Initiative. But, there are mini quilts up for auction year-round. And remember, making a mini quilt isn't the only option. ... You can also support the Alzheimer's Quilt Initiative by purchasing a quilt. Check out their site today and see how you can be a part of these efforts.

What's the point of making beautiful quilts only to keep them stored where no one can enjoy them.

Challenge yourself not to "find" your gift, but to acknowledge it and then share it with others. ...

## What's Happening *continued*

Betty participated in the "Creative Script" class at the Country Roads Quilt Shop in Jan. The instructor was our own Linda J. Betty learned "couching" and the chain embroidery stitch and is making a long table runner for her son and daughter-in-law for Christmas. The scripting blocks down the center spell "Christmas." To-date, she has the scripting completed and is now moving on to the rest of the runner.

Debbie, Deloris, Gitta, Judy, Kathryn, and Patty are all participating in the new 3<sup>rd</sup> Saturday Club at Sew Chic. The group is beginning "Love Letters" which is a Block of the Month pattern by Sherri Falls. All are also working through a 2<sup>nd</sup> Saturday block of the month at Country Roads Quilt Shop where they're working on Block #8 of "Friends & Family" by Lori Smith.

Deloris, Gitta, and Patty will be attending the 16<sup>th</sup> annual quilt retreat at Jackson's Mill (March 9-11) where they'll be making "Little Gatherings" taught by popular instructor Ann Kessel.

Patty and Kathryn attended the Girls Day Out at CRQS where they used a bargello technique to complete a feathered star wall hanging.

Judy attended one of CRQS' Sunday Sew-cials and got some work accomplished on one of her UFOs. She also went to Quilters Corner's *Game Day Super Sale* and picked up several pieces of Moda's *Late Bloomers'* collection. While there, she registered for (and later attended) Amber Zona's class on "The Quilting Stitch" where she got a refresher on the marking, basting, and basics of hand quilting.

Donna and Ruth Ann are again meeting two of the friends they made some years ago while attending Camelia's retreat near Roanoke, Va. Because of increases in costs for sponsored quilting retreats, the foursome have created several outings of their own. They've rented a cabin in a state park, and this time will be meeting in Morehead, Ky. at a retreat center owned by Calico Patch Quilt Shop. Ruth Ann suggested that this might be a place where some in the CRQG might want to make plans for a Quilters' Retreat. You can check the facility on their web site ([www.calicopatch.net/sewed-inn.htm](http://www.calicopatch.net/sewed-inn.htm)). The "Sewed Inn Quilting Retreat" is newly constructed and holds up to 10 people. And, it's located right next door to the Calico Patch Quilt Shop so if you run out of supplies, you won't have far to go to replenish. ... In addition to the retreat facility, the shop also sponsors planned retreats at Carter Caves State Resort Park. Do check them out at the shop's web site! And, as if we weren't already envious, we've learned that the duo is scheduled at the end of the month for yet another retreat at Camp Bethel in Va. If they slow down long enough, we'll have to get them on the Guild's "retreat" committee!

*And how about our Guild instructors!*

Nancy is currently teaching a block of the month class running the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of the month and a beginners quilting class. An intermediate 4-session quilting class begins Mar. 26, and a 2-session fan jacket class begins in Apr. (All classes are being taught at The Sew Inn.)

Terry is also teaching at the Sew Inn. Her machine quilting appetizer course begins on Mar. 27. If you don't know the difference between stitching in the ditch, cross-hatching, and "echo" quilting, then sign up and add these words (and skills) to your repertoire. Her follow up "main course" will be held Apr. 10. Both classes are on Tuesdays from 12:30-4:30. Grab a friend, enjoy a nice lunch, and follow it up with an afternoon dedicated to quilting! And then top off both sessions on May 22 (1-4) with Terry's dessert course where you'll make a quilted zippered name bag! All on Tuesday afternoons at the Sew Inn! See you there. ...

## How About You?

I find that my quilt magazines go pretty much unread. Oh, I flip through and look at the pictures. I even mark some pages with the many "post-card" advertisements that are scattered throughout. Of course, the markers slip and eventually the entire magazine is added to my "retirement" pile. A special treat that awaits my retirement ... you know, when I have all that "free" time. ...

Recently, I looked at one. And, surprise, there was some good information there! Some of the tips and tricks from my 2<sup>nd</sup> Saturday class were there and they're neatly written, illustrated in color, and, for the moment, I know where they are. They're even grouped in the table of contents under "techniques." Suddenly, a "light" has gone on, and I realize I've been missing out on a lot of good information.

**How about you?** Are you learning from your magazines now or are you building similar piles to mine? With my most recent renewal, I even discovered that my paid subscription entitles me to a digital copy. When did that happen?

A challenge is definitely in order. ...

I've learned a lot about that lately from my on-line Weight Watcher friend Nicole who issued a "5 for 10" challenge: "Name five things that you want to accomplish for 10 days! Think about it, pick them, and write them down. Put \$1 away for each day you accomplish all five! At the end of the 10-day challenge, you'll have \$10 for some special treat!"

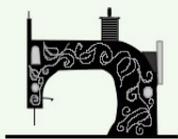
I'm starting Monday, Mar. 5. Will you join me? Challenges can be personal or quilt related. Here are my daily five:

1. Spend 15 min. of quality time reading from the subscription *retirement* pile
2. Spend 15 min. dedicated to the uninterrupted practice of hand quilting
3. Exercise for 30 straight minutes
4. Drink 48 ounces of water
5. Write a personal, handwritten note to a different person each day

That's my list. What's yours? Write it out; track your daily totals; and provide your results so we can share our successes (and challenges) in a future newsletter. I'm going to do it!

**How about you?**

# The Sew Inn, Ltd



## 39<sup>th</sup> Anniversary Sale

March 3 (10-5) ...  
Prizes – Food – Fun

Sale prices continue through March 10. ...

End of Bolt Sale – last 2 days of each month. Receive 35% off when you purchase the end of the bolt.

In the market for a new machine? Remember that free classes are offered by The Sew Inn to get you more comfortable with your new Viking. And, the one-stop shop provides knowledgeable assistance whenever you might stop by with questions. It's also important to note that all Viking repairs including regular maintenance are completed on-site. All of these conveniences are worth considering before making your final determination on a new sewing machine investment. (The Sew Inn also serves as a drop off point for the servicing of other makes and models.)

Check out The Sew Inn's new web site ([thesewinn.com](http://thesewinn.com)). Web master Terry C has been very busy and her efforts have paid off! Do stop by the site and browse. ... And, on your next visit to The Sew Inn, be sure to pick up one of their new brochures for the Mountain Quilt Quest Shop Hop (June 6-9).

Classes taught by Guild members Nancy and Terry are listed in the "What's Happening" section. But for those who enjoy talking with Ginny when you're in the shop, she'll be teaching the "Caitlyn Handbag" in an evening class Apr. 25 and May 2. Register for the 2-class session and have a new handbag ready for summer use!

M-F 10:00-6:00  
Sat. 10:00-5:00

thesewinn@msn.com  
304-296-6802

## Yard Sale

**MARCH 24, 2012**

**QUILTERS' YARD SALE**

9:00 a.m. – 3:00 p.m.

SMITHTOWN COMMUNITY CENTER  
Route 73 between Fairmont and Morgantown.

If you have some of those unfinished projects or other quilting items that you would like to get rid of, bring them out. If you just want to come and shop that's ok also. So clean out and come and spend the day. This is the first try at this, so we are open to suggestions. It's just like any other yard sale ... you never know what you will find. We have 8-foot tables that will be set up. Food will be available: soup, hot dogs, and drinks. Please contact me if you want to sell, so I can have enough tables set up.

**Nancy Swisher**

**304-363-1730**

[hnswisher@comcast.net](mailto:hnswisher@comcast.net)

From Morgantown take Exit 146 (Goshen Road) go South on Rt. 73 toward Fairmont about 3 ½ miles to Schoolhouse Road on left.

From Fairmont take Exit 139 (Prickett's Fort) go North on Rt. 73 toward Morgantown about 3½ miles to Schoolhouse Road on right.

## Country Roads Quilt Shop

In March, CRQS will present Amanda Riley teaching a series of art quilt workshops. According to their newsletter, "Amanda has a degree from WVU in Art Education and for several years has been combining her passion for the arts and love of fabrics into art quilts. In each monthly workshop you'll explore a different technique that will be used to create mini art quilts. Whether a seasoned quilter or new to the quilting world, these workshops will enrich your quilting experience." The first session meets Wednesday, Mar. 7 (6-8 p.m.). You will be exploring "the elements and principles of design, getting inspiration, fabric collage, innovative piecing, painting and printing on fabric, thread work, embellishing and finishing techniques." Beginners are encouraged to attend, but even the most seasoned quilter will appreciate the challenges provided. ... Class size is limited, so early registration is encouraged.

Check the shop's web site ([www.countryroadsquilts.com](http://www.countryroadsquilts.com)) for more details.

There are still openings for the Sunday Sew-cial (Mar. 11 from noon to 6); Quilters Day Out (Wednesday, Mar. 14); and Quilters Nite Out (Friday, Mar. 23). Food (and fun) are provided! But you do need to register! And do check the class listing ([www.countryroadsquilts.com/classes.htm](http://www.countryroadsquilts.com/classes.htm)) to see other classes of interest.

## Chestnut Mountain

Country Roads Quilt Shop has included a notice in their newsletter about an opportunity for quilters to help at Chestnut Mountain Ranch.

The Christian boys home recently opened in Morgantown. Karen Hancock is looking for quilters who could help make quilts for the boys so they will each have a quilt of their own. If you would like to volunteer your time and skill, please contact Karen at 304-292-1488. Donations of time and/or money are appreciated. If you would like additional information, please go to the ranch's web site ([www.ChestnutMountainRanch.org](http://www.ChestnutMountainRanch.org)).

## Upcoming Events

### **MARCH 14-17**

#### **AQS QUILT SHOW & CONTEST**

##### LANCASTER SPRING QUILT SHOW

Lancaster County Convention Center  
Vendor Mall – Classes – Quilt Exhibits  
including World War II Quilts and more  
<http://lancasterquiltshow.com/>



#### **See two shows in one visit. . .**

Free shuttle bus between the 22nd Annual Lancaster Quilt Show at the Continental Inn and the 2nd Annual Lancaster Spring Quilt Show at the Host Resort. (Free parking at the Host Resort)

### **MARCH 23-24**

#### HOMETOWN PRIDE – CELEBRATING COLUMBUS' BICENTENNIAL

Location: Haimerl Center  
Columbus, Ohio  
Website: [www.cmquilters.org](http://www.cmquilters.org)

### **MARCH 23-25**

#### NPOG SPRING QUILT SHOW – TWO COLOR QUILTS

North Pittsburgh Quilters Guild (NPQG) Spring Quilt Show - Two Color Quilts  
Location: Ross Community Center  
Pittsburgh, Pennsylvania  
<http://www.npqg.org>

### **MARCH 29-31**

#### 29th ANNUAL QUILT SHOW: IRISH CHAIN

##### Sponsored by Three Rivers Quilt Guild

The Circuit Center – South Side, Pittsburgh  
<http://www.threeriversquilters.org/quiltshow.html>

### **APRIL 21-22**

#### MASON DIXON QUILT SHOW

Hagerstown Community College—Maryland  
<http://www.fqgmd.org>

### **APRIL 25-28**

#### 28th ANNUAL AQS QUILT SHOW & CONTEST

Paducah Expo Center—Kentucky  
<http://aqsshows.com/AQSPaducah/>

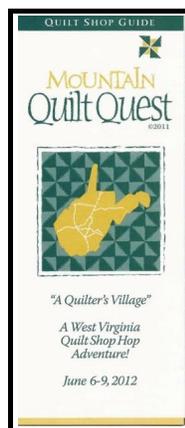
**JUNE 6-8** ..... MOUNTAIN QUILT QUEST SHOP HOP  
[www.mountainquiltquest.com/home/](http://www.mountainquiltquest.com/home/))

**JUNE 20-23** ...WESTERN PA SHOP HOP  
[www.westernpashophop.org/](http://www.westernpashophop.org/))

### **JUNE 21-23**

#### THE WEST VIRGINIA QUILT FESTIVAL 2012

West Virginia Quilters, Inc.  
Summersville Arena and Conference Center  
Summersville, WV  
<http://www.wvquilters.org>



## Minutes *continued*

**Project Day** – Saturday, March 10 is our next project day. If you are planning to attend please let one of the officers of the guild know. We must have at least 3 members attending or the doors will not be unlocked.

Michelle D will provide the monthly mini for March, Think Spring!!! The CRQG officers will be providing the snacks for our movie night!!

## *How About You?*

Are you participating in the “**How About You**” challenge on Pg 4? Are you thinking about your five personal challenges? (Remember, it's only a 10-day commitment!) And, 15-minute blocks of time easily stretch into more. You'll accomplish more than you know!

I'm hoping to hear from some of you! This challenge can put you on a real roll for getting those projects completed that you've been putting off and will force you to focus on your quilting projects, your health needs and basically taking care of you! We think you're worth it ... won't you give it a try?!

## Membership & Dues

Members can bring their completed Membership Forms and yearly dues to the March meeting. Also, the 2012-2013 budget will be distributed at the March meeting for review and approval. The approved budget will then be posted in the April newsletter.

*Make your voice heard. ...  
Contribute to the content of the  
CRQG newsletter!*

*Please forward items  
for the April newsletter  
to Monica by March 30.*